



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Sticky BBQ Chicken <i>With seasoned roast potatoes, Seasonal Vegetables</i>	Chicken Tikka <i>With mixed salad & Turmeric Rice</i>	The Winner Chicken Dinner <i>With Mash, or Roast, Seasonal Vegetables, Gravy</i>	Chicken Hot Dog <i>With Homemade potato wedges, corn or beans</i>	Fakeaway Friday Fried Chicken <i>Baked, not fried. With chips, 'Slaw, or Gravy corn, or salad</i>
Option 2	Selection of assorted filled cold wraps <i>With seasoned roast potatoes, salad</i>	Herby Tomato Pasta Bake <i>With Garlic Bread, Seasonal Vegetables</i>	Homemade Cheese pie <i>With mashed potato, seasonal vegetables or Beans</i>	Selection of assorted filled Sandwiches <i>With Salad, Homemade potato wedges</i>	Fakeaway Friday Cheese & Tomato Pizza <i>With chips, beans, or mixed salad</i>
Alternative	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar	Jacket Potato with Assorted fillings * Daily Salad Bar
Dessert	Home Baked Cookie * Fresh Fruit, or Yogurt	Jammy Coconut cake * Fresh Fruit, or Yogurt	Double Chocolate Shortbread * Fresh Fruit, or Yogurt	Vanilla Cherry Swirl * Fresh Fruit, or Yogurt	Chocolate Brownie * Fresh Fruit, or Yogurt
In other News..	Keep your eyes open for our occasional specials and new dish tasters.				