



PE 77 Words - Key Vocabulary

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
1	balance	direction	sprint	technique	momentum	flight	rotation
2	safely	bend	dodge	coordination	accelerate	stride	choreograph
3	forwards	improve	hurdle	control	decelerate	posture	counter tension
4	backwards	exercise	steady	rhythm	stability	canon	counter balance
5	sideways	heart	distance	pace	determination	formation	strategy
6	travel	target	timing	accurate	persevere	agility	sportsmanship
7	follow	catch	mirror	track	stamina	symmetrical	consecutive
8	aim	speed	sequence	expression	unison	synchronisation	turnover
9	space	point	straddle	perform	align	tactics	continuous
10	team	underarm	tuck	flexibility	outwit	pressure	analyse
11	throw	score	pike	intercept	pivot	obstruction	trajectory