



Mental Health and Wellbeing



Lunchtime

Middy supervisors available to talk to
Sports leaders
Free school meals with a wide range of choices on offer
Reading trollies available for children to access

Parents

Adult Mental Health First Aider available
Early Help assessment leaders available
Parent Governors
Strong PTA links
Regular parent workshops
SENDCo available for support and advice
Pastoral lead available for support and advice
Meet the teacher evenings
Reading and Writing open door sessions
School Facebook page
Seesaw and Tapestry to share learning
Parents evenings

Children

Mission Merits available in all lessons
Wide range of trips and visitors
Variety of extra curricular clubs
Star of the Week awards
Headteacher awards
School council to share pupil voice
1:1 and small group sessions with mental health leader
Children's Mental Health First Aider available

Staff

Adult Mental Health First Aider available
KIT meetings
Performance management meetings
Staff social team
Educational Mutual—Health and wellbeing
Service
Protected PPA time
Regular leadership time
Wide range of CPD opportunities
Open door policy
Regular social events

Curriculum

Dina School—EYFS
SCARF curriculum in place
Weekly Picture News assemblies
Ground breakers assemblies
Whole school assemblies programme
Use of specialist teachers in PE
Forest school sessions for all children
CITC sessions for all children in Years 1—6
Wide range of extra curricula clubs
Regular online safety lessons
RSE taught in all year groups
Theme weeks/days
Performance opportunities in all Key Stages

External Agency Links

TOG Mind - mental health services 0161 3309223
Child Line Calm Zone website for children
Pace 2 Be—advice and support for children with mental health difficulties.
Anna Freud Centre for children and families
POINT Oldham advice and support for families of children with SEND
Positive steps CAHMS Relax kids M Thrive
Oldham mental health in education team